# JEREMY'S BOTANICALS

Essential Oils - Skin Care - Carrier Oils









@jeremys.botanicals





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# Bringing Quality Essential Oils to Your Door

Every detail of the essential oil production process is designed to achieve one goal: to bring pure, safe, high quality oils to users. We know that dedication to responsibility, efficacy, and accuracy will lead to the production of the best essential oils that can truly influence the lives of families everywhere. With quality essential oils, you and your family can find natural solutions to everyday problems, and enjoy improved health and wellness—achieving our mission of changing lives with pure essential oils.



# Essential Oil Safety

Our pure essential oils are very potent. Whether you are applying oils topically, consuming them internally, or using them aromatically, remember that a little goes a long way. Always follow our usage recommendations.

- When using an essential oil topically for the first time, it's a good idea to dilute with carrier oil to see how the oil reacts with your skin. Start with one drop of essential oil and five drops of Fractionated Coconut Oil. You can personalize this ratio with time and experience.
- Some essential oils are very powerful, and should always be diluted with a carrier like Fractionated Coconut Oil before putting them on your skin. These oils include: Cassia, Cinnamon, Clove, Geranium, Lemongrass, Oregano, and Thyme. These are known as hot oils. When trying these for the first time, consider a dilution ratio of one drop of essential oil to 10 drops of Fractionated Coconut Oil.
- Some essential oils cause photosensitivity, which may cause you to sunburn more easily. It's best to stay out of UV light (sunlight or tanning beds) for at least 12 hours after applying them to your skin. These oils include: Bergamot, Lemon, Lime, and Orange.
- Essential oils are generally safe to apply anywhere on your skin, but there are certain areas that should be avoided. Don't apply oils on or near the inside of the nose, the inner ear, the eyes, broken skin, or other sensitive areas.
- If your skin begins to turn red, itch, or burn after applying an oil, remove the oil from the skin by gently wiping the area with a soft cloth, then alternate between adding a carrier oil like Fractionated Coconut Oil and gently wiping the area.
- When consuming essential oils internally, a drop or two is all you need at one time. You can add oil directly to water or another liquid, or place oil in an empty capsule and swallow.
- Children are generally more sensitive to essential oils than adults. It's best to dilute an essential oil before applying it topically on a child, and to start with the feet for application. For babies under two years of age, aromatic application through a diffuser is a good place to start.
- Because our oils are so powerful, ensure that they are only used under adult supervision. we recommend that you keep your oils in a high, out-of-reach place. Store oils with the included dropper in the bottle and the lid tightly closed.
- If you have any questions about using essential oils for your particular needs, talk to your qualified healthcare provider.



# **Essential Oil Application**

You will soon learn that there are hundreds of ways to use our essential oils, including relaxation, personal hygiene, household cleaning, cooking, and more. Every oil has at least one of three application methods: Aromatic , Topical , or Internal . Throughout this guide, you will find that each oil is labeled with one or more of these three methods using the letters A, T, and I. Here is a simple reference guide to help you safely and effectively use the oils in your kit.

#### Aromatic

The essential oil can be diffused or inhaled directly for a stimulating aromatic experience. Using oils aromatically can help improve mood and purify the air of unwanted odors.



## **Topical**

The essential oil is easily absorbed by the skin and can be safely applied topically by itself, with other topical oils, or with carrier oils.



#### Internal

The essential oil can also be used internally to support a variety of health benefits. These internal oils can be used as dietary supplements by placing them inside a veggie capsule or adding them to drinks.



### SKIN SENSITIVITY

Next to every oil you will also find one of the three skin sensitivity descriptors: Neat (N), Sensitive (S), or Dilute (D). Use this key to help you properly use your essential oils according to sensitivity levels.

### Neat

The essential oil can be used topically with no dilution.



#### Sensitive

The essential oil should be diluted for young or sensitive skin.



# Dilute

The essential oil should be diluted before using topically.





# Essential Oil Singles

Taken from some of the most pure, natural sources on earth, our essential oil singles aim to bring the potency and simplicity of nature straight into your home. Each single oil has its own unique chemistry and aroma, giving it an exclusive set of benefits for the user. No matter your needs or your preferences, the variety of oils and their uses makes it easy to find an essential oil that provides a natural solution to many of your everyday problems





# **Bergamot**

Citrus aurantium var 'Bergamia' 10mL

# **JEREMY'S**



essential oils

PRODUCT INFORMATION PAGE



Plant part: Peel

Extraction method: Steam distillation.

Note: Top.

Aromatic Description: Citrus, herbaceous, lemony,

peppery, sweet. **Shelf life: 4** years.

# STORAGE:

store below 30C. keep out of sunlight. keep it simple: keep it in a fridge.

100% pure uncut aromatherapy grade bergamot essential oil.

# THERAPEUTIC PROPERTIES

Analgesic - Anti-inflammatory - Antibacterial Antidepressant - Antifungal - Antifungal (Candida) Antispasmodic - Carminative

## **INSTRUCTIONS:**

# Vaporiser:

Add 3-10 drops of essential oil to bowl.

#### Internal use:

Dilute one drop in 100mL of liquid.

# Massage & skin care:

1ml of essential oil to every 100ml of carrier/massage oil before applying to skin.

#### Bath:

Add 5-10 drops to a fully drawn bath.

# Carrier oils:

Grapeseed oil.
Coconut oil.
Almond oil.
Jojoba oil.
Olive oil.

### SAFETY:

Natural essence oils are highly concentrated and should be used with care.

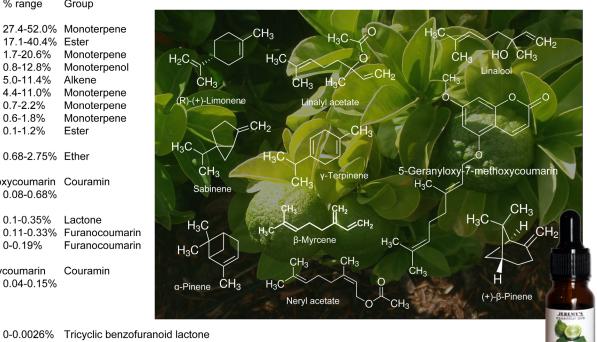




The Key chemotype constituents of bergamot essential oil Citrus aurantium var. 'Bergamia'

Psoralen

Constituents	% range	Group
(+)-Limonene Linalyl acetate Linalool Sabine γ-Terpinene β-Pinene α-Pinene β-Myrcene Neryl acetate	27.4-52.0% 17.1-40.4% 1.7-20.6% 0.8-12.8% 5.0-11.4% 4.4-11.0% 0.7-2.2% 0.6-1.8% 0.1-1.2%	Monoterpene Ester Monoterpene Monoterpenol Alkene Monoterpene Monoterpene Monoterpene Ester
Bergamottin	0.68-2.75%	Ether
5-Geranyloxy-7-metho	oxycoumarin 0.08-0.68%	Couramin
Citropten Bergapten Bergaptol	0.1-0.35% 0.11-0.33% 0-0.19%	Lactone Furanocoumarin Furanocoumarin
5-Methoxy-7-geranoxy	ycoumarin 0.04-0.15%	Couramin





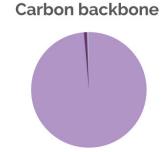
THERAPEUTIC PROPERTIES

Analgesic - Anti-inflammatory - Antibacterial - Antidepressant - Antifungal Antifungal (Candida) - Antispasmodic - Carminative

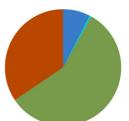
essential oils

Uses: Diffuse for a calming and soothing aroma. Provides skin purifying benefits. Frequently used in massage therapy for its calming benefits.

Body Systems: Nervous, Skin



# **Functional groups**

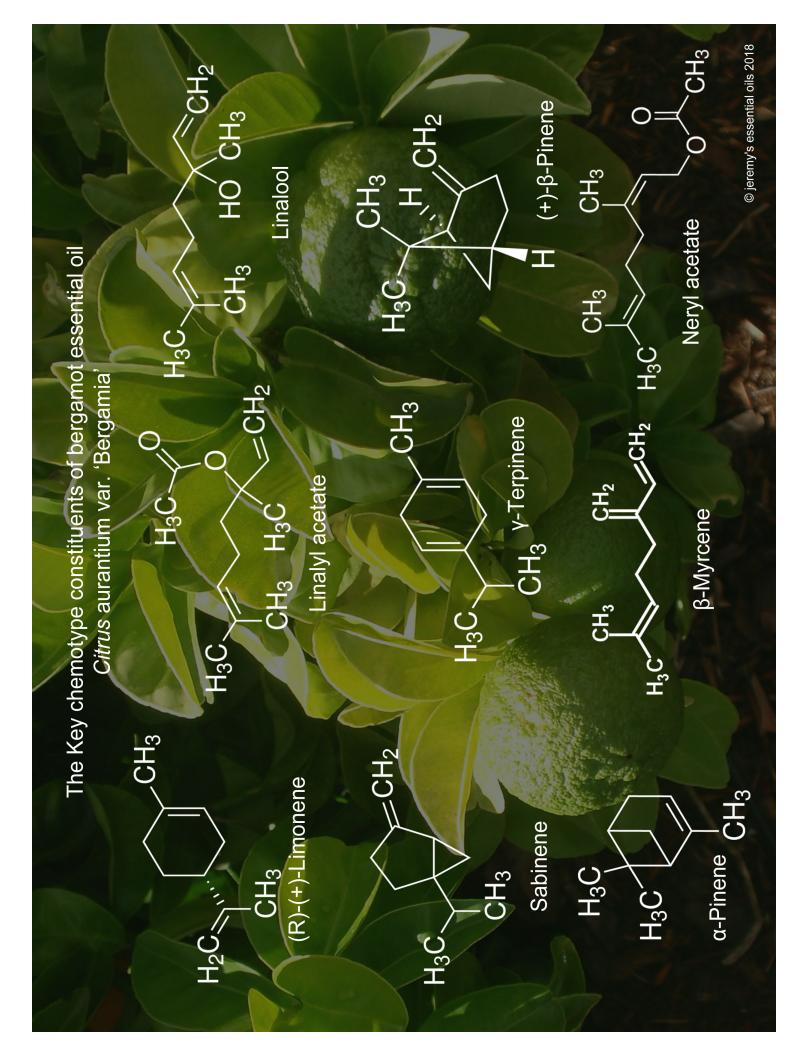


# **Main Constituents**

20-55% Limonene 10-45% Linalyl acetate 3-12% gamma-Terpinene 3-20% Linalool 3-12% beta-Pinene



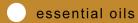




# Clove

# Eugenia caryophyllata 10mL

# **JEREMY'S**



# PRODUCT INFORMATION PAGE



Plant part: Bud

Extraction method: Steam distillation.

Note: Top.

Aromatic Description: Spicy, warm, woody.

Shelf life: 4 years.

# STORAGE:

store below 30C. keep out of sunlight. keep it simple: keep it in a fridge.

100% pure uncut aromatherapy grade clove essential oil.

# THERAPEUTIC PROPERTIES

Analgesic - Anti-inflammatory - Antibacterial
Anticoagulant - Antifungal
Antioxidant - Antirheumatic - Antiviral

## **INSTRUCTIONS:**

# Vaporiser:

Add 3-10 drops of essential oil to bowl.

#### Internal use:

Dilute one drop in 100mL of liquid.

# Massage & skin care:

1ml of essential oil to every 100ml of carrier/massage oil before applying to skin.

# Bath:

Add 5-10 drops to a fully drawn bath.

# Carrier oils:

Grapeseed oil.
Coconut oil.
Almond oil.
Jojoba oil.
Olive oil.

### SAFETY:

Natural essence oils are highly concentrated and should be used with care.





The Key chemotype constituents of clove essential oil Eugenia caryophyllata

Constituents	% range	Group
Eugenol	73.5-96.9%	
β-Caryophyllene	0.6-12.4%	Sesquiterpene
Eugenol Acetate	0.5-10.7%	Ester
α-Caryophyllene	0.4-1.4%	Sesquiterpene
Isoeugenol	0.1-0.2%	Ether
Methyleugenol	0-0.2%	Ether





# THERAPEUTIC PROPERTIES

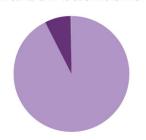
Analgesic - Anti-inflammatory - Antibacterial - Anticoagulant - Antifungal Antioxidant - Antirheumatic - Antiviral Eugenia caryophyllata 10mL

essential oils

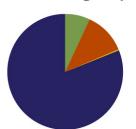
**Uses:** Powerful antioxidant properties.\* Supports cardiovascular health.\* Helps clean teeth and gums.

Body Systems: Cardiovascular

# Carbon backbone



# **Functional groups**



# **Main Constituents**

63–95% Eugenol 0.6–20% beta-Caryophyllene



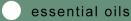




# **Eucalyptus Blue Gum**

Eucalyptus Globulus 10mL





PRODUCT INFORMATION PAGE



Plant part: Leaves

Extraction method: Steam distillation.

Note: Top.

Aromatic Description: Camphoraceous, fresh.

Shelf life: 4 years.

# INSTRUCTIONS:

# Vaporiser:

Add 3-10 drops of essential oil to bowl.

# Massage & skin care:

1ml of essential oil to every 100ml of carrier/massage oil before applying to skin.

#### Bath:

Add 5-10 drops to a fully drawn bath.

### Carrier oils:

Grapeseed oil. Coconut oil. Almond oil. Jojoba oil. Olive oil.

SAFETY:

# STORAGE:

store below 30C. keep out of sunlight. keep it simple: keep it in a fridge.

100% pure uncut aromatherapy grade eucalyptus blue gum essential oil.

Natural essence oils are highly concentrated and should be used with care.

Keep out of reach of children. Avoid contact with eyes. Avoid during pregnancy.

# THERAPEUTIC PROPERTIES

Analgesic - Anti-inflammatory - Antibacterial Antifungal (Candida) - Antimicrobial - Antioxidant Antispasmodic - Antiviral - Expectorant - Mucolytic

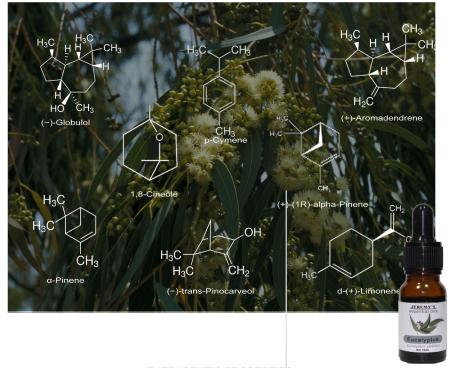
www.jeremywoodart.com





The Key chemotype constituents of eucalyptus essential oil *Eucalyptus* globulus

Constituents	% range	Group
1,8 -Cineole α-Pinene (+)-Limonene Globulol (E)-Pinocarveol p-Cymene (+)-Aromadendrene	65.4-83.9% 3.7-14.7% 1.8-9.0% tr-5.3% 2.3-4.4% 1.2-3.5% 0.1-2.2%	Oxide Monoterpene Alkene Sesquiterpenol Alcohol Monoterpene Sesquiterpene
Pinocarvone	tr-1.0%	Ketone





# THERAPEUTIC PROPERTIES

Analgesic - Anti-inflammatory - Antibacterial - Antifungal (Candida) Antimicrobial - Antioxidant - Antispasmodic - Antiviral - Expectorant - Mucolytic

# Eucalyptus Blue Gum Eucalyptus Globulus 10mL

JEREMY'S

essential oils

**Uses:** Helps to clear the mind. Promotes feel ngs of relaxation and clear breathing.

Body Systems: Nervous, Respiratory

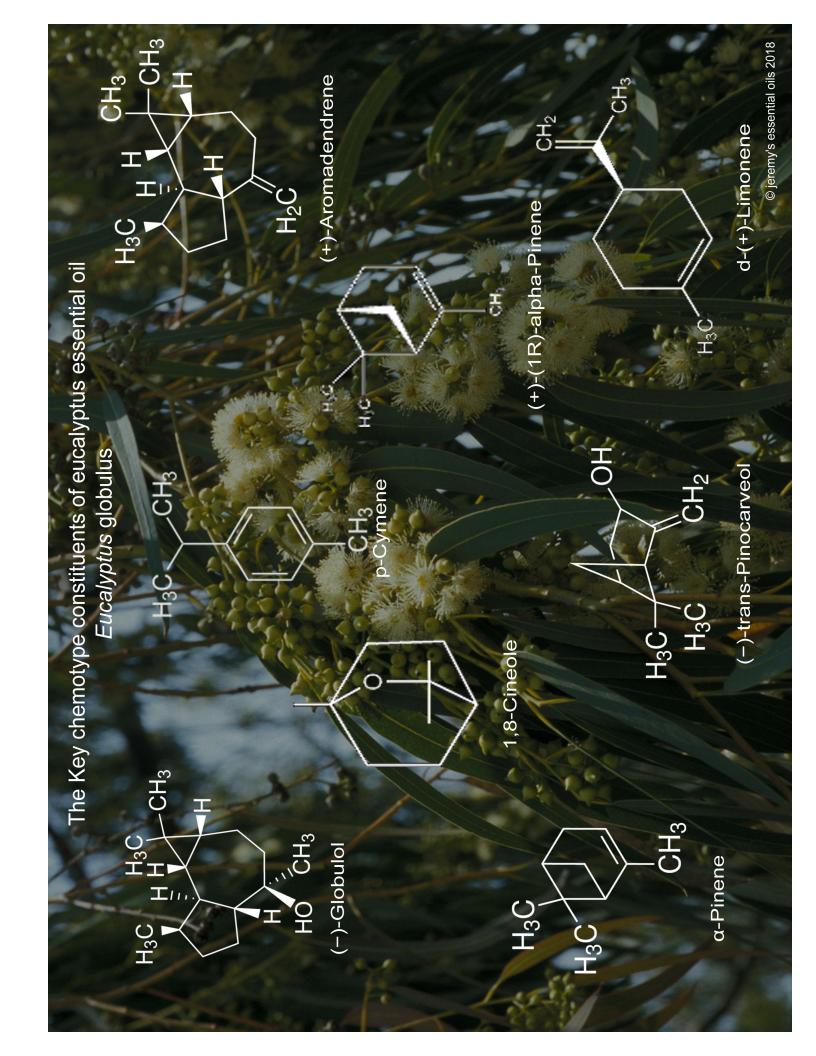
# Carbon backbone Functional groups

# **Main Constituents**

55-85% 1,8-cineole (eucalyptol)
1-15% Terpineol



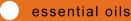




# **Frankincense**

Boswellia frereana 10mL





PRODUCT INFORMATION PAGE



Plant part: Gum

Extraction method: Steam distillation.

Note: Base.

Aromatic Description: Warm, spicy, clean.

Shelf life: 1 - 2 years.

# STORAGE:

store below 30C. keep out of sunlight. keep it simple: keep it in a fridge.

100% pure uncut aromatherapy grade frankincense essential oil.

# THERAPEUTIC PROPERTIES

Analgesic - Anti-inflammatory - Antioxidant Skin cell regenerative

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# **INSTRUCTIONS:**

# Vaporiser:

Add 3-10 drops of essential oil to bowl.

## Internal use:

Dilute one drop in 100mL of liquid.

# Massage & skin care:

1ml of essential oil to every 100ml of carrier/massage oil before applying to skin.

#### Bath:

Add 5-10 drops to a fully drawn bath.

# Carrier oils:

Grapeseed oil.
Coconut oil.
Almond oil.
Jojoba oil.
Olive oil.

# SAFETY:

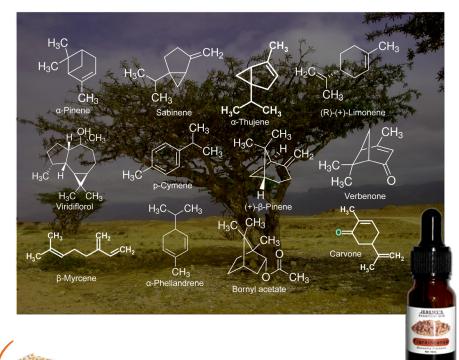
Natural essence oils are highly concentrated and should be used with care.





The Key chemotype constituents of frankincense oil. Boswellia frereana.

Constituents	% range	Group
α-Pinene Sabinene α-Thujene (+)-Limonene Viridiflorol ρ-Cymene β-Pinene Verbenone β-Myrcene α-Phellandrene Bornyl acetate Carvone	41.7-80.0% 0.5-21.0% 0-19.3% 0-17.0% 0-15.2% 0.7-11.7% 0-6.9% 0-6.5% 0-6.0% 0-5.9% 0-5.6% 0-4.4%	Monoterpene Monoterpene Monoterpene Sesquiterpene Monoterpene Monoterpene Ketone Monoterpene Monoterpene Ester Ketone
δ-3-Carene Linalool 1,8-Cineole γ-Terpinene Camphene Thujol α-Pinocarveol Campholenic aldehydo Octyl acetate α-Terpinene β-Elemene β-Caryophyllene α-Thujone (Z)-β-Ocimene β-Phellandrene β-Selinene	0-3.4% 0-3.0% 0-2.9% 0-2.5% 0-2.1% 0-1.8% 0-1.5% 0-1.5% 0-1.5% 0-1.2% 0-1.2% 0-1.0% 0-1.0%	Alkene Monoterpene Ether Alkene Monoterpene Ketone Monoterpene Aldehyde Ester Alkene Polyalkene Alkene Ketone Polyalkene Alkene Sesquiterpene



THERAPEUTIC PROPERTIES

Analgesic - Anti-inflammatory - Antioxidant - Skin cell regenerative

# **Frankincense**

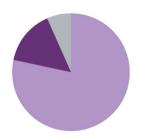
Boswellia frereana 10mL

essential oils

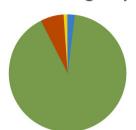
**Uses:** Ingest to support healthy cellular function.\* Aroma promotes feelings of relaxation. Helps reduce the appearance of skin imperfections when applied topically. Supports healthy immune, nervous, and digestive function when taken internally.\*

Body Systems: Nervous, Digestive, Immune, Skin

# Carbon backbone



# **Functional groups**

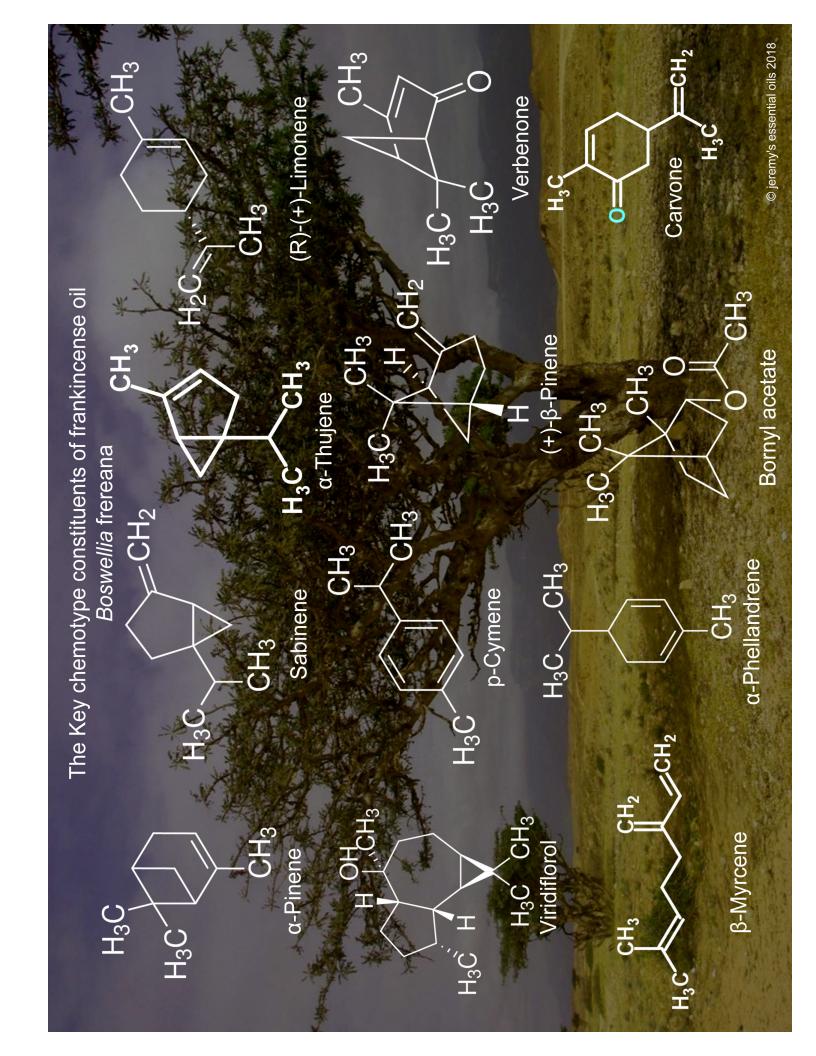


# **Main Constituents**

25–65% alpha-Pinene 5–20% Limonene 0.1–10% beta-Caryophyllene 0.1-10 % alpha-Thujene







# Lavender

Lavandula angustifolia 10mL

# **JEREMY'S**



essential oils

PRODUCT INFORMATION PAGE



Plant part: Flowers

Extraction method: Steam distillation.

Note: Top.

Aromatic Description: Floral, fresh.

Shelf life: 4 - 5 years.

# STORAGE:

store below 30C. keep out of sunlight. keep it simple: keep it in a fridge.

100% pure uncut aromatherapy grade lavender essential oil.

# THERAPEUTIC PROPERTIES

Airborne antimicrobial - Analgesic - Anti-allergenic Anti-inflammatory - Antibacterial - Antifungal (Candida) Antioxidant- Antirheumatic - Antispasmodic - Antiviral Anxiety relieving - Cooling - Immunostimulant - Nervine Sedative - Skin cell regenerative - Vasodilator

#### **INSTRUCTIONS:**

# Vaporiser:

Add 3-10 drops of essential oil to bowl.

#### Internal use:

Dilute one drop in 100mL of liquid.

# Massage & skin care:

1ml of essential oil to every 100ml of carrier/massage oil before applying to skin.

#### Bath:

Add 5-10 drops to a fully drawn bath.

# Carrier oils:

Grapeseed oil. Coconut oil. Almond oil. Jojoba oil. Olive oil.

# SAFETY:

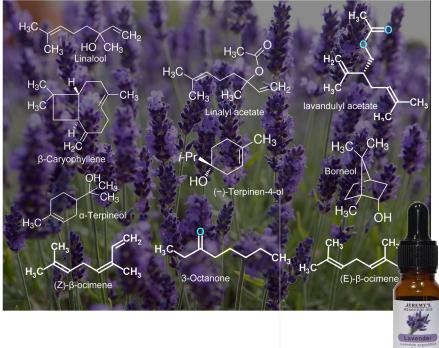
Natural essence oils are highly concentrated and should be used with care.





The Key chemotype constituents of lavender essential oil Lavendula angustifolia

Constituents	% range	Group
Linalool Linalyl acetate Lavandulyl acetate β-Caryophyllene Terpinen-4-ol	44.4% (30-45%) 41.6% (33-46%) 3.7% (<1.3%) 1.8% 1.5% (<1.5%)	Monoterpenol Ester Ester Sesquiterpenol Monoterpenol
Borneol	1.0%	Monoterpenol
α-Terpinol	0.7% (<1.5%)	Monoterpenol
(Z)-β-Ocimene	0.3% (<2.5%)	Monoterpene
3-Octanone	0.2% (1-2.5%)	Ketone
(E)-β-Ocimene	0.1% (<2%)	Monoterpene





# THERAPEUTIC PROPERTIES

Airborne antimicrobial - Analgesic - Anti-allergenic - Anti-inflammatory - Antibacterial Antifungal (Candida) - Antioxidant- Antirheumatic - Antispasmodic - Antiviral Anxiety relieving - Cooling - Immunostimulant - Nervine - Sedative

Skin cell regenerative - Vasodilator

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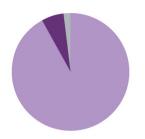
Lavandula angustifolia 10mL

essential oils

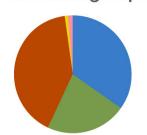
**Uses:** Soothes occasional skin irritations. When taken internally, may reduce anxious feelings, promote peaceful sleep, and help ease feelings of tension.\*

Body Systems: Nervous, Skin

# Carbon backbone



# **Functional groups**

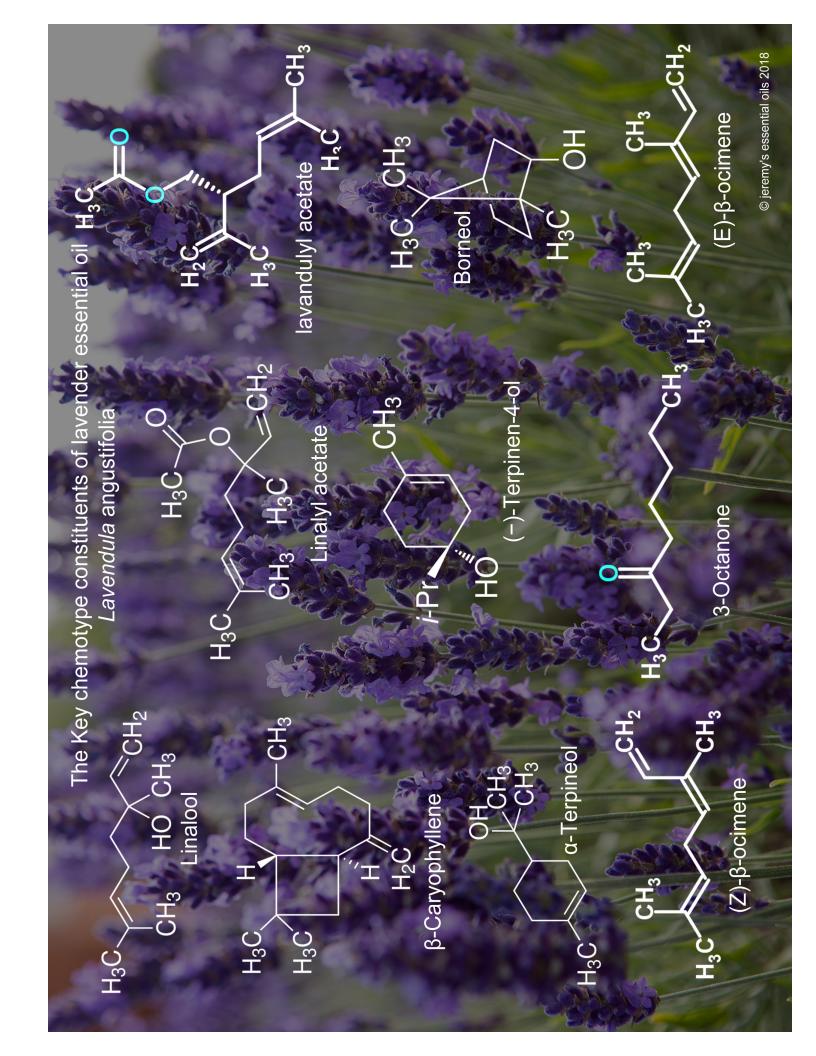


# **Main Constituents**

25-45% Linalyl acetate 20-47% Linalool 0.3-10% Ocimene



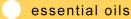




# Lemon

# Citrus limonum 10mL

# **JEREMY'S**



PRODUCT INFORMATION PAGE



Plant part: Peel

Extraction method: Steam distillation.

Note: Top.

**Aromatic Description:** Citrus, fresh, fruity, sweet.

Shelf life: 2 years.

# STORAGE:

store below 30C. keep out of sunlight. keep it simple: keep it in a fridge.

100% pure uncut aromatherapy grade lemon essential oil.

# THERAPEUTIC PROPERTIES

Analgesic - Antibacterial - Antidepressant Antioxidant - Antispasmodic - Antiviral Astringent - Cooling

## **INSTRUCTIONS:**

# Vaporiser:

Add 3-10 drops of essential oil to bowl.

#### Internal use:

Dilute one drop in 100mL of liquid.

# Massage & skin care:

1ml of essential oil to every 100ml of carrier/massage oil before applying to skin.

# Bath:

Add 5-10 drops to a fully drawn bath.

# Carrier oils:

Grapeseed oil. Coconut oil. Almond oil. Jojoba oil. Olive oil.

### SAFETY:

Natural essence oils are highly concentrated and should be used with care.





The Key chemotype constituents of lemon essential oil Citrus limonum

Constituents	% range	Group
(+)-Limonene β-Pinene γ-Terpinene α-Terpinol α-Pinene Geraniol Sabine ρ-Cymene β-Myrcene Neral Teroinen-4-ol	56.6-76.0% 6.0-17.0% 3.0-13.3% 0.1-8.0% 1.3-4.% 0.5-4.3% 0.5-2.4% tr-2.3% tr-2.2% 0.4-2.0% tr-1.9%	Monoterpene Monoterpene Alcohol Monoterpene Monoterpene Monoterpene Monoterpene Monoterpene Aldehyde Alcohol
Neryl Acetate	0.1-1.5%	Ester

# Non-Volatile compounds

Oxypeucedanin	0.09-0.82%	Epoxide
Bergamottin	0.16-0.54%	Ether

5-Geranoxy-7-methoxycoumarin Couramin

0.18-0.28%

Citropten 0.05-0.17% Ether Byakangelicol 0.006-0.16% Psoralen 8-Geranyloxypsoralen 0.01-0.045% Psoralen





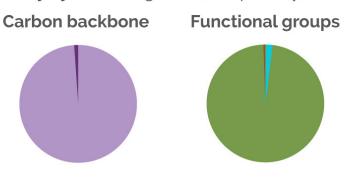
# THERAPEUTIC PROPERTIES

Analgesic - Antibacterial - Antidepressant - Antioxidant - Antispasmodic Antiviral - Astringent - Cooling



**Uses:** Cleanses and purifies the air and surfaces. Naturally cleanses the body and aids in digestion.\* Supports healthy respiratory function.\* Promotes a positive mood.

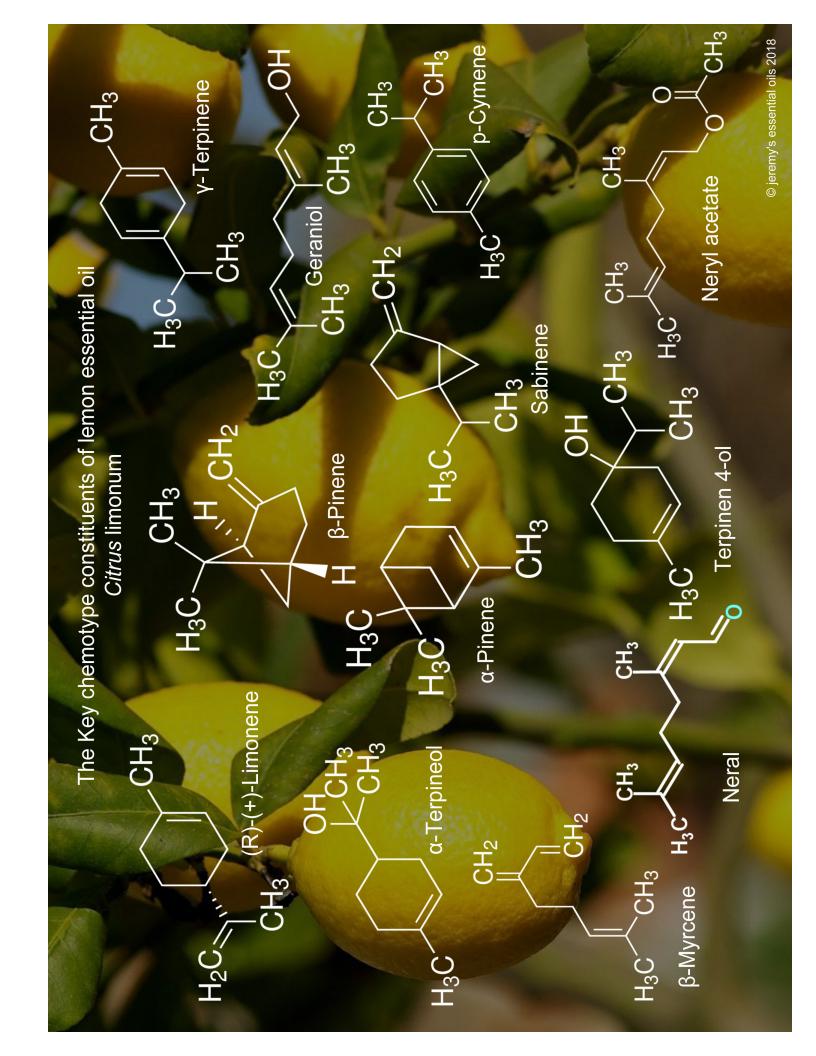
Body Systems: Digestive, Respiratory, Immune, Skin



Main Constituents
55-75% Limonene
6-18% beta-Pinene
3-16% gammaTerpinene



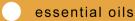




# **Orange Sweet**

Citrus sinensis 10mL

# **JEREMY'S**



PRODUCT INFORMATION PAGE



Plant part: Peel

Extraction method: Steam distillation.

Note: Top.

Aromatic Description: Fresh sweet orange peel.

Shelf life: 2 years.

# STORAGE:

store below 30C. keep out of sunlight. keep it simple: keep it in a fridge.

100% pure uncut aromatherapy grade orange sweet essential oil.

# THERAPEUTIC PROPERTIES

Analgesic - Anti-inflammatory- Antibacterial Antidepressant - Antioxidant Antispasmodic - Antiviral - Astringent

## **INSTRUCTIONS:**

# Vaporiser:

Add 3-10 drops of essential oil to bowl.

#### Internal use:

Dilute one drop in 100mL of liquid.

# Massage & skin care:

1ml of essential oil to every 100ml of carrier/massage oil before applying to skin.

#### Bath:

Add 5-10 drops to a fully drawn bath.

# Carrier oils:

Grapeseed oil. Coconut oil. Almond oil. Jojoba oil. Olive oil.

#### SAFETY:

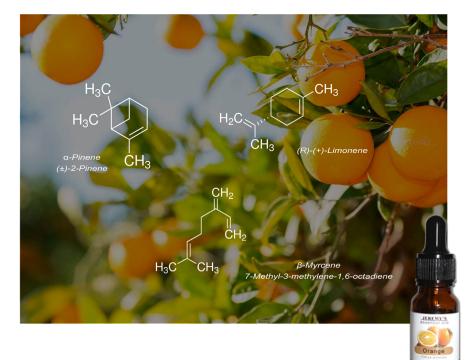
Natural essence oils are highly concentrated and should be used with care.





The Key chemotype constituents of orange sweet essential oil Citrus sinensis

Constituents	% range	Group
(+)-Limonene	93.2-94.9%	Monoterpene
β-Myrcene	2.6-3.1%	Monoterpene
α-Pinene	0.6-1.0%	Monoterpene





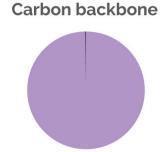
THERAPEUTIC PROPERTIES

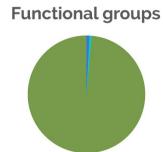
Analgesic - Anti-inflammatory- Antibacterial - Antidepressant - Antioxidant
Antispasmodic - Antiviral - Astringent

essential oils

**Uses:** Powerful cleanser and purifying agent. Supports healthy immune function.\* Uplifting to the mind and body.

**Body Systems:** Immune, Nervous

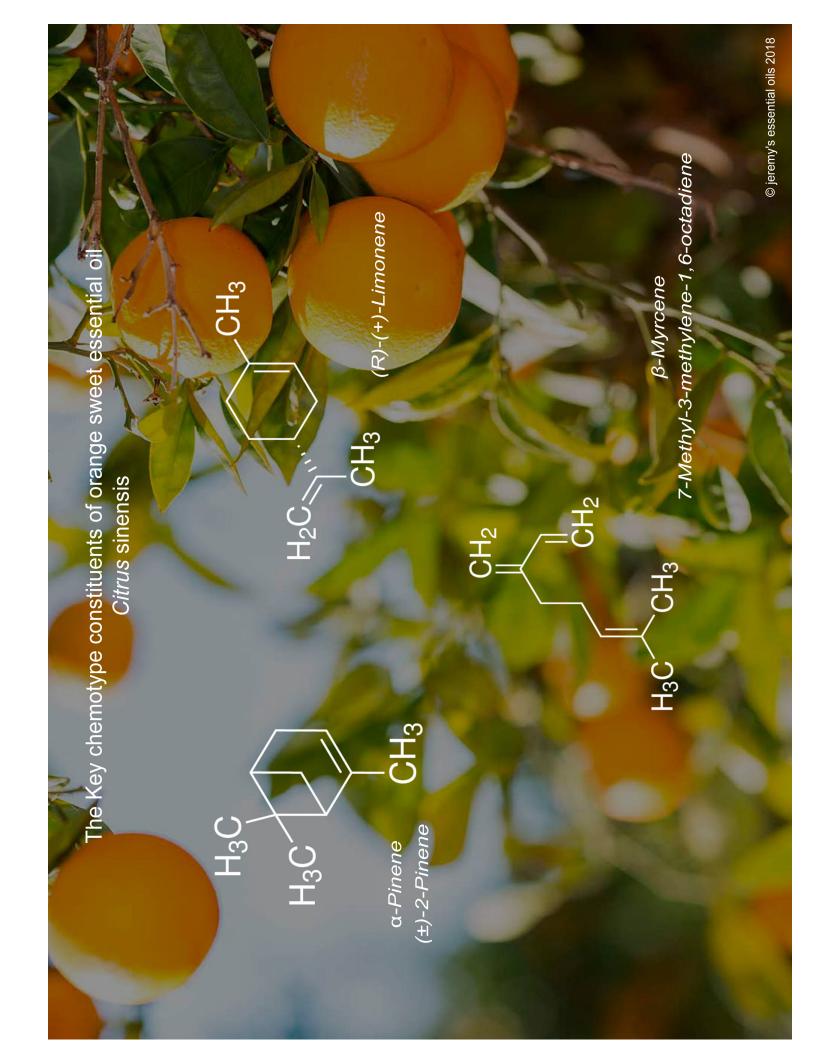




# Main Constituents 80-97% Limonene 0.5-5% Myrcene



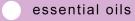




# **Patchouli**

# Pogostemon Cablin 10mL

# **JEREMY'S**



# PRODUCT INFORMATION PAGE



Plant part: Leaves

Extraction method: Steam distillation.

Note: Base.

Aromatic Description: Musky, earthy.

Shelf life: 2 years.

# STORAGE:

store below 30C keep out of sunlight keep it simple keep it in a fridge

100% pure uncut aromatherapy grade patchouli oil.

# THERAPEUTIC PROPERTIES

Analgesic - Anti-inflammatory - Antibacterial Antidepressant - Antifungal - Antispasmodic CNS Sedative - Cooling

#### **INSTRUCTIONS:**

# Vaporiser:

Add 3-10 drops of essential oil to bowl.

#### Internal use:

Dilute one drop in 100mL of liquid.

# Massage & skin care:

1ml of essential oil to every 100ml of carrier/massage oil before applying to skin.

#### Bath:

Add 5-10 drops to a fully drawn bath.

# Carrier oils:

Grapeseed oil. Coconut oil. Almond oil. Jojoba oil. Olive oil.

#### SAFETY:

Natural essence oils are highly concentrated and should be used with care.

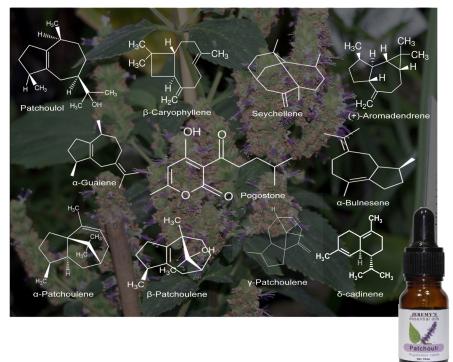




The Key chemotype constituents of patchouli essential oil *Pogostemon* cablin

(GC/MS)

Constituents	% range	Group
Patchoulol	28.2-32.7%	Sesquiterpenol
α-Bulnesene	15.8-18.8%	Sesquiterpene
α-Guaiene	13.514.6%	Sesquiterpene
Seychellene	0-9.0%	Sesquiterpene
γ-Patchoulene	0-6.7%	Sesquiterpene
α-Patchoulene	4.5-5.7%	Sesquiterpene
β-Caryophyllene	3.1-4.2%	Sesquiterpene
1(10)Aromadendrene	0-3.7%	Alkene
β-Patchoulene	2.0-3.4%	Sesquiterpene
Pogostal	tr-2.4%	Sesquiterpenol
(-)-allo-Aromadendrene	0-2.4%	Alkene
δ-Cadinene	0-2.4%	Alkene





#### THERAPEUTIC PROPERTIES

Analgesic - Anti-inflammatory - Antibacterial - Antidepressant Antifungal - Antispasmodic - CNS Sedative - Cooling

essential oils

Pogostemon cablin 10mL

**Uses:** Grounding, balancing effect on emotions. Promotes a smooth, glowing complexion. Reduces the appearance of wrinkles, blemishes, and skin imperfections.

Body Systems: Skin, Nervous

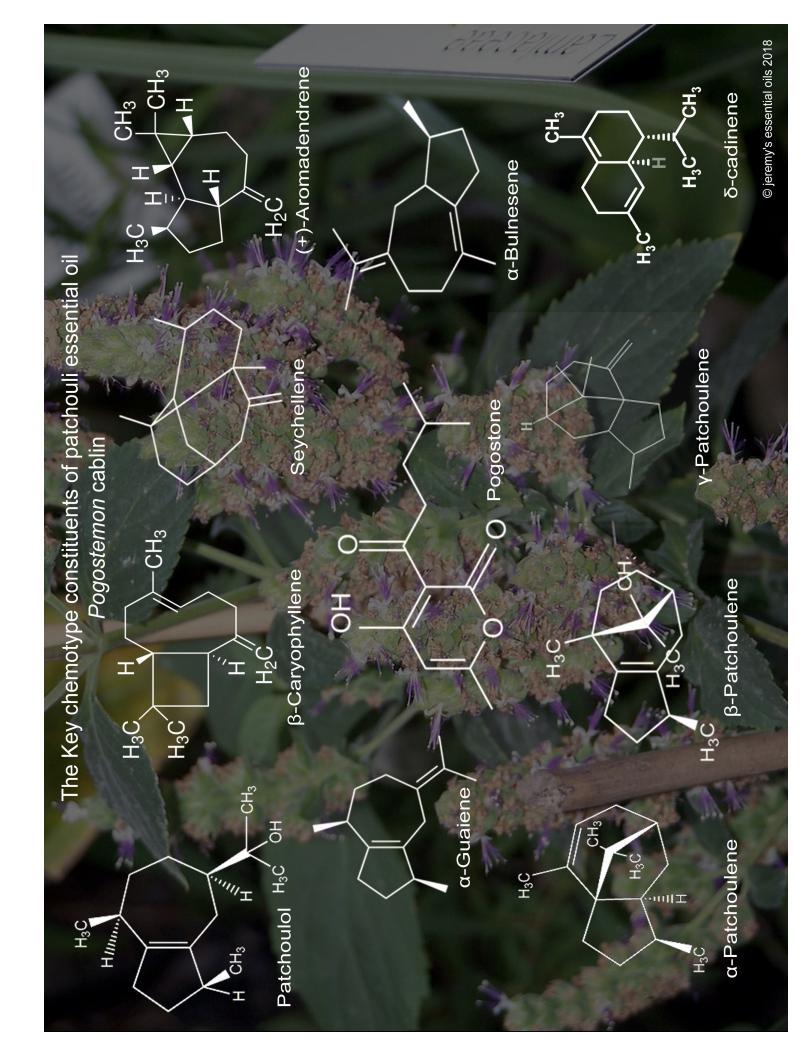
# Carbon backbone Functional groups

#### **Main Constituents**

20–40% Patchoulol 1–20% Bulnesene 2–25% Aromadendrene 2–25% Guiaene



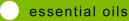




# **Peppermint**

Mentha piperita 10mL





PRODUCT INFORMATION PAGE



Plant part: Flowering herb

Extraction method: Steam distillation.

Note: Top.

Aromatic Description: Fresh, herbaceous, minty.

Shelf life: 5 years.

#### STORAGE:

store below 30C. keep out of sunlight. keep it simple: keep it in a fridge.

100% pure uncut aromatherapy grade peppermint essential oil.

#### THERAPEUTIC PROPERTIES

Analgesic - Anti-inflammatory - Antibacterial Antiemetic - Antifungal - Antioxidant Antispasmodic - Antiviral - Cooling

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#### **INSTRUCTIONS:**

#### Vaporiser:

Add 3-10 drops of essential oil to bowl.

#### Internal use:

Dilute one drop in 100mL of liquid.

#### Massage & skin care:

1ml of essential oil to every 100ml of carrier/massage oil before applying to skin.

#### Bath:

Add 5-10 drops to a fully drawn bath.

#### Carrier oils:

Grapeseed oil. Coconut oil. Almond oil. Jojoba oil. Olive oil.

#### SAFETY:

Natural essence oils are highly concentrated and should be used with care.

Keep out of reach of children. Avoid contact with eyes. Avoid during pregnancy.





The Key chemotype constituents of peppermint essential oil *Mentha* piperita

#### (GC/MS)

Constituents	% range	Group
(-)-Menthol Menthone (-)-Menthyl acetate Neomenthol 1,8-Cineole (6R)-(+)-Menthofuran Isomenthone Terpinen-4-ol (1R)-(+)-β-Pulegone	19.0-54.% 8.0-31.6% 2.1-10.6% 2.6-10.0% 2.9-9.7% tr-9.4% 2.0-8.7% 0-5.0% 0.3-4.7%	Monoterpenol Ketone Ester Monoterpenol Oxide Oxide Ketone Monoterpenol Ketone
(+)-Limonene Germacrene D β-Caryophyllne (E)-Sabinene hydrate β-Pinene Piperitone Isomenthol	0.8-4.5% tr-4.4% 0.1-2.8% 0.2-2.4\$ 0.6-2.0% 0-1.3% 0.2-1.2%	Monoterpene Sesquiterpene Sesquiterpene Monoterpene Monoterpene Ketone Monoterpene





#### THERAPEUTIC PROPERTIES

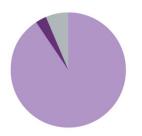
Analgesic - Anti-inflammatory - Antibacterial - Antiemetic - Antifungal Antioxidant - Antispasmodic - Antiviral - Cooling

essential oils

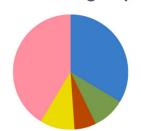
**Uses:** When ingested, promotes healthy respiratory function and clear breathing.\* Promotes digestive health when taken internally.\* Repels bugs naturally. Apply topically for a cooling sensation.

Body Systems: Digestive, Respiratory

#### Carbon backbone



#### **Functional groups**

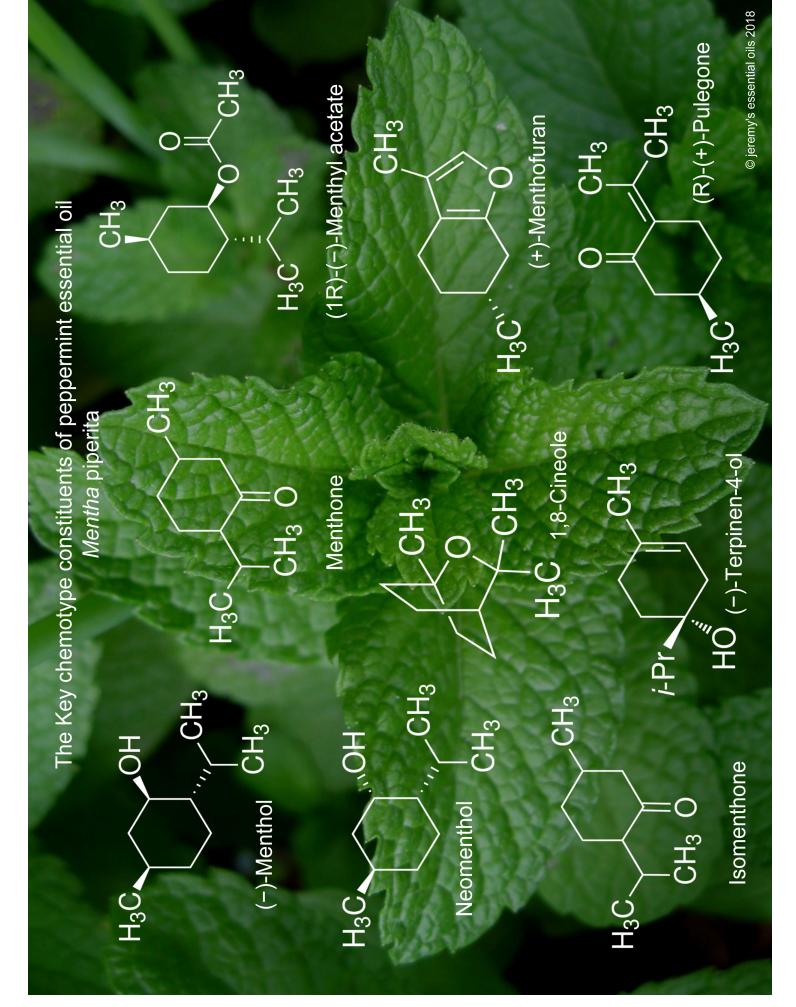


#### **Main Constituents**

10–30% Menthone 20–60% Menthol 1-10% 1,8-Cineole (eucalyptol)







#### **Rose Geranium**

Pelargonium Graveolens 10mL

# **JEREMY'S**



essential oils

PRODUCT INFORMATION PAGE



Plant part: Flowering Plane

Extraction method: Steam distillation.

Note: Middle.

Aromatic Description: Subtly sweet, floral.

Shelf life: 4 - 5 years.

#### STORAGE:

store below 30C. keep out of sunlight. keep it simple: keep it in a fridge.

100% pure uncut aromatherapy grade rose geranium oil.

#### THERAPEUTIC PROPERTIES

Antifungal - Antimicrobial - Antispasmodic Antiviral - Astringent - Diuretic Emmenagogue - Tonic

#### **INSTRUCTIONS:**

#### Vaporiser:

Add 3-10 drops of essential oil to bowl.

#### Internal use:

Dilute one drop in 100mL of liquid.

#### Massage & skin care:

1ml of essential oil to every 100ml of carrier/massage oil before applying to skin.

#### Bath:

Add 5-10 drops to a fully drawn bath.

#### Carrier oils:

Grapeseed oil. Coconut oil. Almond oil. Jojoba oil. Olive oil.

#### SAFETY:

Natural essence oils are highly concentrated and should be used with care.

Keep out of reach of children. Avoid contact with eyes. Avoid during pregnancy.

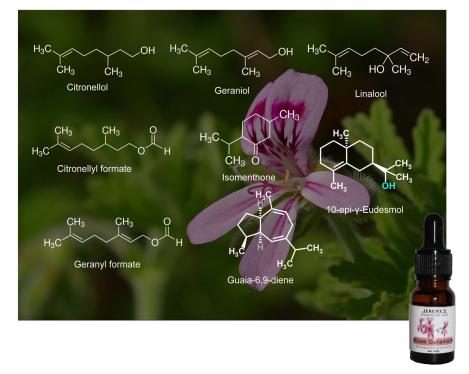




The Key chemotype constituents of rose geranium oil. *Pelargonium* graveolens.

#### (GC/MS)

Constituents	% range	Group
Citronellol Geraniol Linalool Citronellyl formate Isomenthone 10-epi-y-Eudesmol Geranyl formate Guaia-6,9-diene	20.3-47.7% 7.3-30.3% 3.1-13.8% 4.8-12.4% 3.4-9.8% tr-8.9% 1.6-7.6% 0.1-6.8%	Monoterpene Monoterpene Monoterpene Ester Ketone Sesquiterpene Ester Sesquiterpene
α-Caryophyllene Geranyl acetate Geranyl tiglate β-Myrcene Menthone β-Bourbonene Citronellyl tiglate Geranyl butyrate Geranyl propionate Citronellyl propionate Citronellyl propionate β-Caryophyllene (Z)-Rose oxide Citronellyl butyrate 2-Phenylethyl tiglate Nerol	0.4-6.0% 0.2-4.4% 0.2-3.0% 0.2-2.3% 0.1-2.1% 0.3-2.0% 1.4-1.8% 0.6-1.7% 0.1-1.7% 0.4-1.6% 0.3-1.4% 0.3-1.3% 0.2-1.2%	Sesquiterpene Ester Ester Alkene Ketone Sesquiterpene Ester Monoterpene





#### THERAPEUTIC PROPERTIES

Antifungal - Antimicrobial - Antispasmodic - Antiviral - Astringent - Diuretic - Emmenagogue - Tonic

## **Rose Geranium**

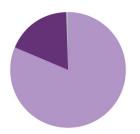
Pelargonium graveolens 10mL

essential oils

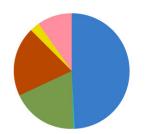
**Uses:** Promotes the appearance of clear, healthy skin. Naturally repels insects. Gives hair a vibrant, healthy glow.

Body Systems: Immune, Skin





#### **Functional groups**



■ Ester

Ketone

■ Phenylpropene

#### **Main Constituents**

30–45% Citronellol 1–15% Citronellyl formate 0.5–10% Guaiadene 5–25% Geraniol

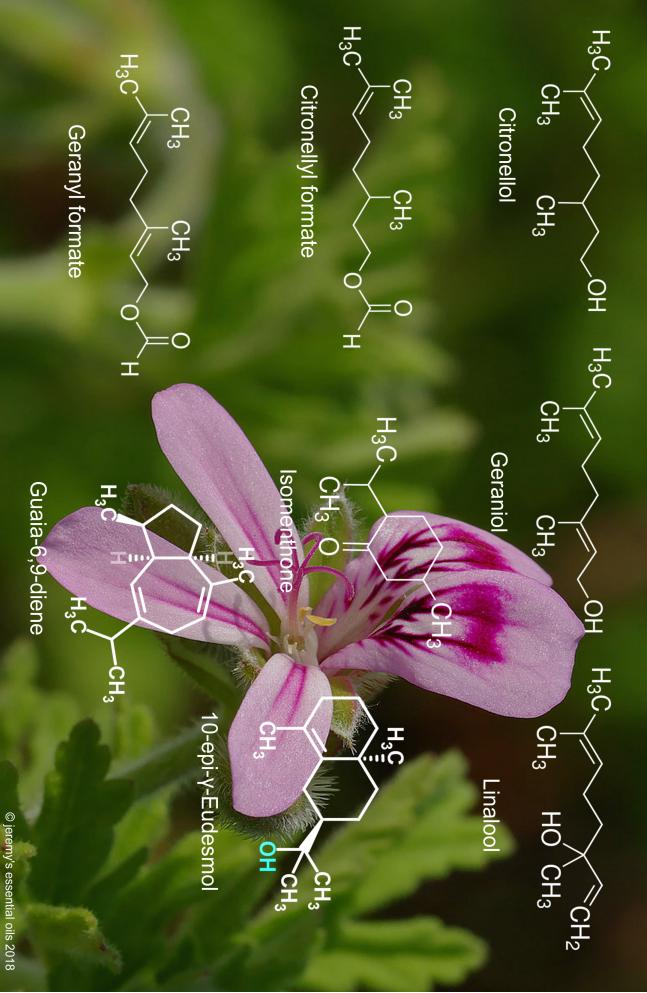
■ Phenol

Ether





# The Key chemotype constituents of rose geranium oil *Pelargonium* graveolens



## Rosemary

#### Rosemarinus Officinalis 10mL



PRODUCT INFORMATION PAGE



**Plant part:** Flowering Tops and Leaves **Extraction method:** Steam distillation.

Note: Middle

Aromatic Description: Camphoraceous, herbaceous.

Shelf life: 2 years.

#### STORAGE:

store below 30C. keep out of sunlight. keep it simple: keep it in a fridge.

100% pure uncut aromatherapy grade rosemary essential oil.

#### THERAPEUTIC PROPERTIES

Analgesic - Anti-inflammatory - Antibacterial Antifungal - Antioxidant - Antirheumatic Antispasmodic - Astringent

#### **INSTRUCTIONS:**

#### Vaporiser:

Add 3-10 drops of essential oil to bowl.

#### Internal use:

Dilute one drop in 100mL of liquid.

#### Massage & skin care:

1ml of essential oil to every 100ml of carrier/massage oil before applying to skin.

#### Bath:

Add 5-10 drops to a fully drawn bath.

#### Carrier oils:

Grapeseed oil. Coconut oil. Almond oil. Jojoba oil. Olive oil.

#### SAFETY:

Natural essence oils are highly concentrated and should be used with care.

Keep out of reach of children. Avoid contact with eyes. Avoid during pregnancy.





The Key chemotype constituents of rosemary essential oil Rosmarinus officinalis

#### (GC/MS)

Constituents	% range	Group
α-Pinene	19.1-35.8%	Monoterpene
1,8-Cinole	15.0-25.1%	Oxide
Camphor	6.6-20.7%	Ketone
Camphene	7.0-10.0%	Monoterpene
β-Pinene	3.0-7.7%	Monoterpene
β-Myrcene	1.1-6.0%	Monoterpene
Verbenone	0.5-6.0%	Ketone
(+)-Limonene	2.9-5.0%	Monoterpene
α-Terpineol+ borneol	2.0-5.0%	Monoterpenol
β-Caryophyllene	1.8-4.3%	Sesquiterpene
Bornyl acetate	0.4-4.2%	Ester
p-Cymene	0.4-2.4%	Monoterpene
Terpinen-4-ol	0.7-2.0%	Alcohol
Linalool	0.5-2.0%	Monoterpenol





#### THERAPEUTIC PROPERTIES

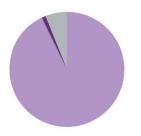
Analgesic - Anti-inflammatory - Antibacterial - Antifungal Antioxidant - Antirheumatic - Antispasmodic - Astringent

essential oils

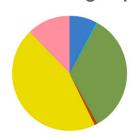
**Uses:** Supports healthy digestion and respiratory function.\* Helps reduce nervous tension and occasional fatigue.\*

Body Systems: Digestive, Nervous, Respiratory

#### Carbon backbone



#### **Functional groups**

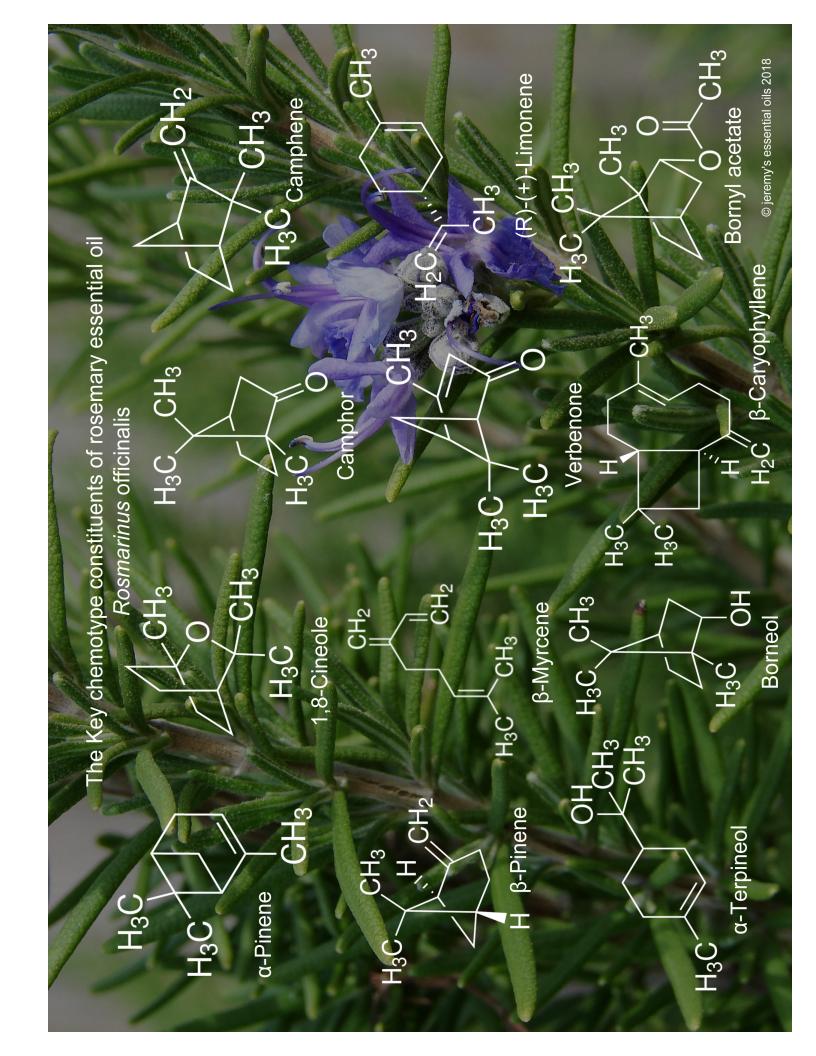


#### **Main Constituents**

30–60% 1,8-Cineole (eucalyptol) 5–15% Camphor 5–20% alpha-Pinene



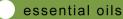




#### **Tee Tree**

#### Melaleuca Alternifolia 10mL





PRODUCT INFORMATION PAGE



Plant part: Leaves

Extraction method: Steam distillation.

Note: Middle.

Aromatic Description: Potent, warm, spicy.

Shelf life: 3 years.

#### STORAGE:

store below 30C. keep out of sunlight. keep it simple: keep it in a fridge.

100% pure uncut aromatherapy grade tee tree oil.

#### THERAPEUTIC PROPERTIES

Airborne antimicrobial - Anti-acne - Anti-inflammatory
Antibacterial - Antifungal - Antihistaminic
Antispasmodic - Antiviral

#### **INSTRUCTIONS:**

#### Vaporiser:

Add 3-10 drops of essential oil to bowl.

#### Internal use:

Dilute one drop in 100mL of liquid.

#### Massage & skin care:

1ml of essential oil to every 100ml of carrier/massage oil before applying to skin.

#### Bath:

Add 5-10 drops to a fully drawn bath.

#### Carrier oils:

Grapeseed oil. Coconut oil. Almond oil. Jojoba oil. Olive oil.

#### **SAFETY:**

Natural essence oils are highly concentrated and should be used with care.

Keep out of reach of children. Avoid contact with eyes. Avoid during pregnancy.

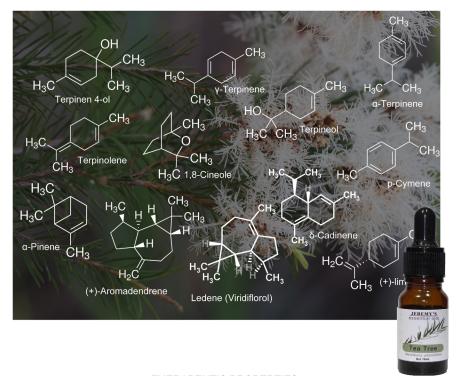




The Key chemotype constituents of tea tree essential oil Melaleuca alternifolia

(GC/MS)

Constituents	% range	Group
Terpinen-4-ol γ-Terpinene α-Terpinene Terpinolene 1,8-Cineole α-Terpineol p-Cymeme α-Pinene (+)-Aromadendrene Ledene (viridiflorene) δ-Cadinene	39.8% 20.1% 9.6% 3.5% 3.1% 2.8% 2.7% 2.4% 2.1% 1.8% 1.6%	Monoterpinol Monoterpene Monoterpene Alkene Oxide Monoterpenol Monoterpene Monoterpene Sesquiterpene Sesquiterpene Sesquiterpene
(+)-Limonene	1.1%	Monoterpene





#### THERAPEUTIC PROPERTIES

Airborne antimicrobial - Anti-acne - Anti-inflammatory - Antibacterial Antifungal - Antihistaminic - Antispasmodic - Antiviral

essential oils

Melaleuca Alternifolia 10mL

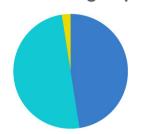
**Uses:** Renowned for its cleansing and rejuvenating effect on the skin. Promotes healthy immune function when used internally.\* Ingest to protect against environmental and seasonal threats.\*

Body Systems: Immune, Skin





#### **Functional groups**

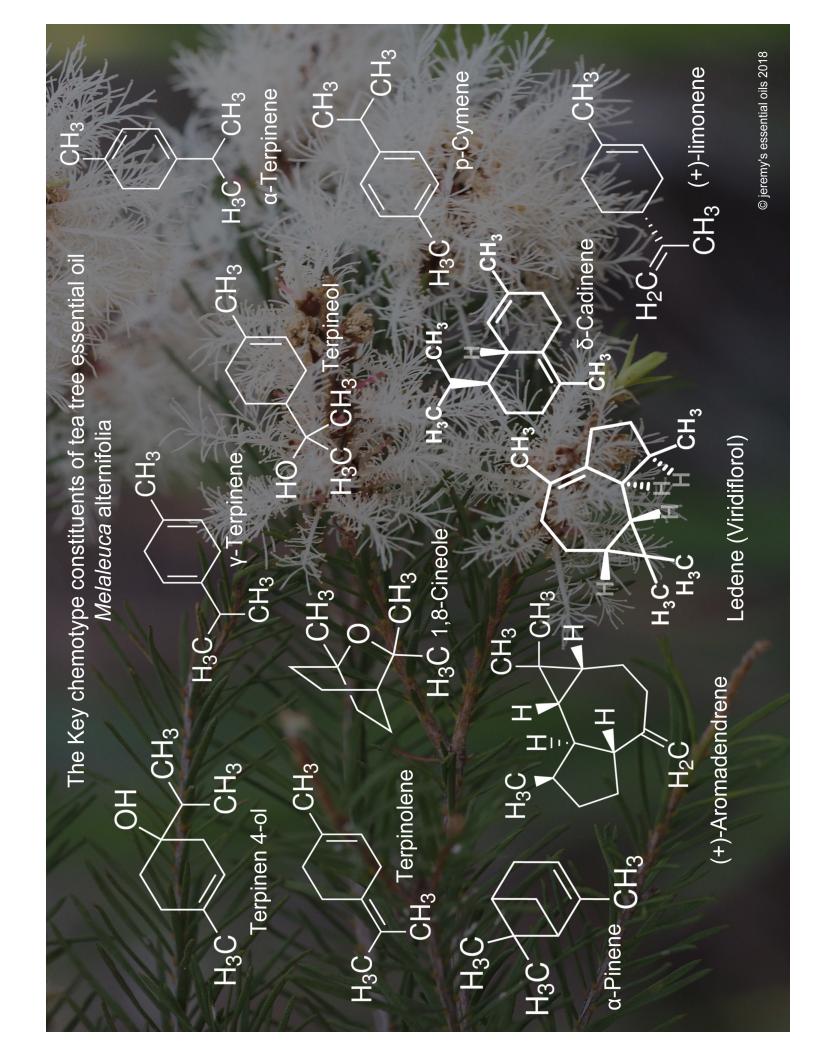


#### **Main Constituents**

20–60% Terpinen-4-0 10–55% Terpinene (alpha and gamma) 1–10% alpha-Pinene









# Carrier Oils

Carrier oils, also known as base oil or vegetable oil, are used to dilute essential oils and absolutes before they are applied to the skin in massage and aromatherapy. They are so named because they carry the essential oil onto the skin. Diluting essential oils is a critical safety practice when using essential oils.









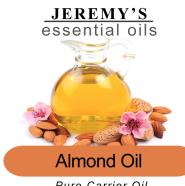


#### Description:

Sweet Almond carrier oil is an excellent emollient which softens and reconditions the skin. It penetrates easily and can soothe dry, irritated areas. Excellent for all skin types.

Well suited as a carrier oil for aromatherapy blends. Also useful as a bath or massage oil; excellent addition to lotion bars, sugar or salt scrubs and balms.

Users can expect a shelf life of 12 months under proper storage conditions (cool, out of direct sunlight). Refrigeration after opening is recommended.



- Pure Carrier Oil -Net 100mL

Nourishing / Soothing

#### Directions

Work several drops of Sweet Almond Oil between your palms and massage into desired areas. For the face, after cleansing, massage 3-5 drops into your skin, paying particular attention to the area around your eyes (pat gently in that area). Can be used in skin blends at 100% strength.

#### Product Details:

Almond Sweet Oil 100% Pure:
Botanical Name: Prunus amygdalus dulcis
Country of Origin: Spain
Method of Extraction: Cold Pressed,
Plant Part: Nut/ Kernal

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#### Description:

Grapeseed carrier oil is cold pressed and then refined to produce a light yellow-green colored oil that is popular in cosmetics manufacturing. This versatile oil contains numerous essential fatty acids; its rich, silky texture is perfect for soothing away dryness and irritation. Grapeseed is non-comedogenic (won't clog pores or cause breakouts) and is therefore suitable for all skin types.

Grapeseed Oil is extremely popular in skincare formulations for creams and lotions and as a carrier oil in aromatherapy. It is the preferred carrier oil for many massage therapists (if they do not use lotion) because of its light, satin like finish. It also has some astringent qualities and is good for oily skin.

# JEREMY'S essential oils Grapeseed Oil

- Pure Carrier Oil -

Net 100mL

Nourishing / Soothing

#### Directions:

For a moisturizer, apply Grapeseed Oil directly to skin or use as a base for essential oils or lotions.

#### Product Details:

Grapeseed Oil 100% Pure:
Botanical Name: Vitis vinifera
Country of Origin: France
Method of Extraction: Cold Expressed
Plant Part: Seeds

Users can expect a shelf life of 1 year with proper storage conditions (cool, out of direct sunlight). Refrigeration after opening is recommended

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#### Description:

Jojoba is our favorite carrier "oil", but Jojoba is not actually an oil but a liquid wax. It closely resembles the natural sebum (oil) of our own skin and is rich in vitamin E.

Because of its extend shelf life, Jojoba carrier oil can be added to other carrier oils in order to extend their shelf life. It has become a very popular carrier in the cosmetic and aromatherapy industries because of its excellent skin care properties.

One of the most highly stable carriers, users can expect a nearly indefinite shelf life from Jojoba. It may go cloudy and thick in cool conditions but will return to its natural state once warmed. Refrigeration is not necessary.

# JEREMY'S essential oils Jojoba Oil

- Pure Carrier Oil -Net 100mL

Nourishing / Soothing

#### Direction

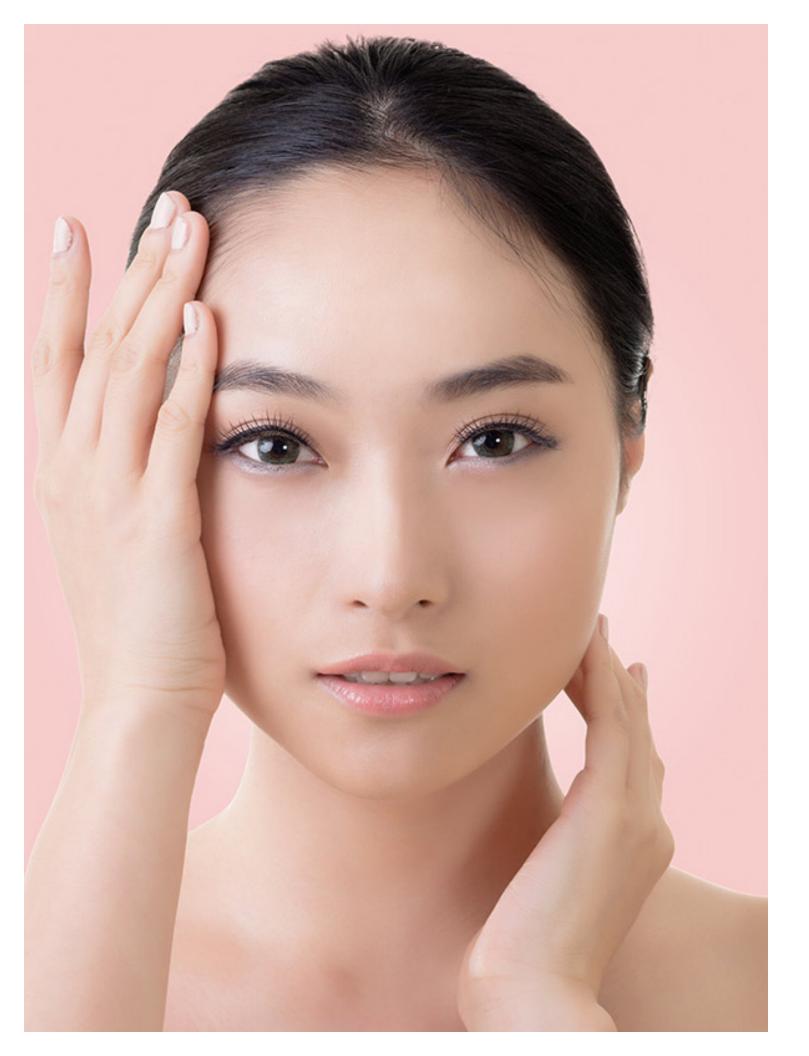
Use Jojoba carrier to soothe skin after too much sun, smooth onto chapped/reddened skin, or gently pat around the eyes to reduce the appearance of fine lines and wrinkles. Excellent for every skin type, even oily skin. Wonderful in lip balms, lotion bars, and body butters.

#### Product Details:

Jojoba Oil 100% Pure:
Botanical Name.Simmondsia chinensis
Extraction Method:Cold Pressed from the
beans of the Jojoba plant.
Aromatic Scent:Jojoba (golden) has a
pleasant, soft odor.

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# Skin Care

Skin care is the range of practices that support skin integrity, enhance its appearance and relieve skin conditions.

They can include nutrition, avoidance of excessive sun exposure and appropriate use of emollients.









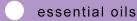




# Lavender & Coconut Massage Oil

Cocos Nucifera - Lavendula Angustifolia 100mL





PRODUCT INFORMATION PAGE



#### Ingredients:

Cocos nucifera (Organic Virgin Coconut) Oil. Lavandula Angustifolia (Lavender) Oil Contains lauric acid - antibacterial and antiviral properties.

Plant part: Coconut flesh - flowers

Extraction method: Cold pressed - Steam distillation.

#### STORAGE:

store below 30C. solidifies at temps below 25 C keep out of sunlight. keep it simple: keep it in a fridge.

100% pure aromatherapy grade oils.

#### **INSTRUCTIONS:**

#### **Condition:**

High tension levels; in need of a relaxing full-body massage with an aromatherapeutic skin moisturizer.

#### Solution:

Lavender Coconut Massage Oil combines Organic Lavender Oil and natural Coconut Oil to create a luxurious combination that soothes and relaxes.

Lavender Coconut Massage Oil is a highly versatile personal care and cosmetic product that won't clog pores and will leave skin feeling refreshed and reinvigorated.

This blend can help create a soothing massage or act as a natural body moisturizer.

#### **SAFETY:**

Keep out of reach of children. Avoid contact with eyes. Avoid during pregnancy.



# Massage Oil





# **Argan & Rosemary Skin Cleanser**

Argania Spinosa - Rosmarinus Officinalis 100mL





PRODUCT INFORMATION PAGE



#### Ingredients:

Argania Spinosa Kernel (Argan) Oil Rosmarinus Officinalis (Rosemary) Oil Prunus Amygdalus Dulcis (Sweet Almond) Oil Citrullus Lanatus (Watermelon) Seed Oil Citrus Limonum (Lemon) Peel Oil Citrus Sinensis (Orange Sweet) Peel Oil

#### STORAGE:

store below 30C. keep out of sunlight. keep it simple: keep it in a fridge.

100% pure aromatherapy grade oils.

#### **DESCRIPTION:**

#### **Anti-Oxidant Facial Cleansing Oil:**

6 Nourishing Oils for Oily, Dry & Combination skin. A lightweight blend of six oil extracts to gently cleanse the skin.leaving a nourishing glowy sheen.

Argan Oil is beloved in the cosmetic industry for its incredible conditioning and anti-aging properties. Rich in vitamin E and essential fatty acids, Argan Oil is known to make dull complexions glow, diminish the appearance of fine lines and restore skin elasticity.

#### **Directions:**

Apply 2tsp of oil onto a dry face. Warm in the palm of your hands before applying.

Massage into skin and add warm water turning the oil into a light milky texture then rinse.

#### **SAFETY:**

Do not ingest or consume. Keep out of reach of children. Avoid contact with eyes. Avoid during pregnancy.



# Skin Cleanser

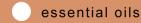




### Macadamia & Almond Skin Serum

Ternifolia Oil - Prunus Amygdalus Dulcis Oil 100mL

# **JEREMY'S**



PRODUCT INFORMATION PAGE



#### Ingredients:

Macadamia Ternifolia Seed Oil,
Prunus Amygdalus Dulcis Oil (Sweet Almond),
Argania Spinosa Kernal Oil (Argan),
Cocos Nucifera Oil (Coconut),
Tocopheryl Acetate (Vitamin E),
Fragrance (Lavender Oil),
Hyaluronic Acid.

#### STORAGE:

store below 30C. keep out of sunlight. keep it simple: keep it in a fridge.

100% pure aromatherapy grade oils.

#### **Description:**

Macadamia & Almond Oil Skin Serum, a powerful potion that goes deep to hydrate, nourish and soothe.

Made with the natural goodness of macadamia & almond oil, with added hyaluronic acid to keep your skin hydrated, plump and younger-looking.

With added Vitamin E, antioxidants and essential fatty acids for extra nourishment. This lightweight serum is quick to absorb and leaves no residue.

#### **Directions:**

Massage a few drops into the face and neck area.

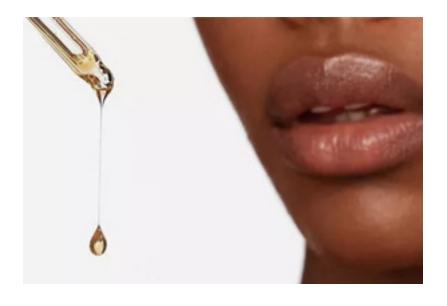
#### **SAFETY:**

Do not ingest or consume. Keep out of reach of children. Avoid contact with eyes. Avoid during pregnancy.



# Skin Serum





# Diffusers

Taken from some of the most pure, natural sources on earth, our essential oil singles aim to bring the potency and simplicity of nature straight into your home. Each single oil has its own unique chemistry and aroma, giving it an exclusive set of benefits for the user. No matter your needs or your preferences, the variety of oils and their uses makes it easy to find an essential oil that provides a natural solution to many of your everyday problems











#### Description

Use this diffuser to create an aromatic and soothing experience at home as you kick back and relax.

Excellent for diffusing essential oils

Light flickers with the water movement to improve the room ambience

Adaptor input: 100-240V ~ 50/60Hz Adaptor output: 12V DC 500mA

For indoor use only Fragrance not included 12cm (H) x 15cm (Dia.)

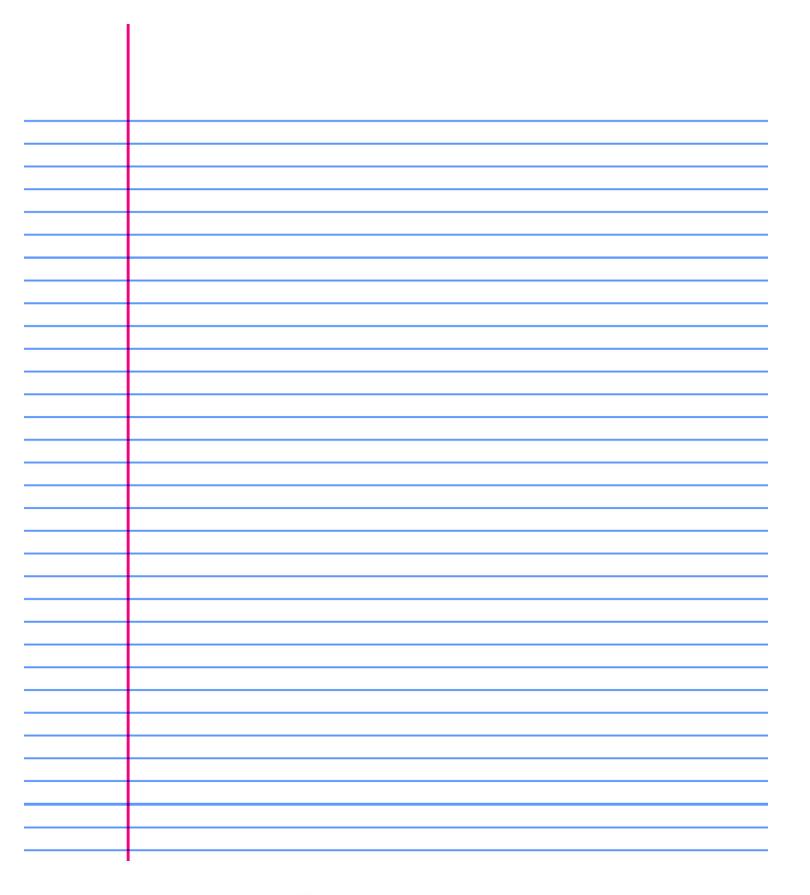
Colour: White



#### Description

Create an aromatic, soothing atmosphere in your home after a long tiring day with this diffuser. Its LED light will provide soft illumination and the timer will let you choose the time of operation.

LED light on/off
Timer setting (30/60/120/180 min)
5V DC USB cable included (without adaptor)
LED 0.6 watt max
Input: DC 5V, 800mAh (via USB)
Clean according to instructions on the care label
For indoor use only. Fragrance not included.
13cm (H) x 7.2cm (Dia.)



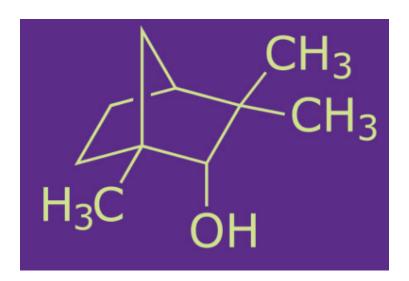


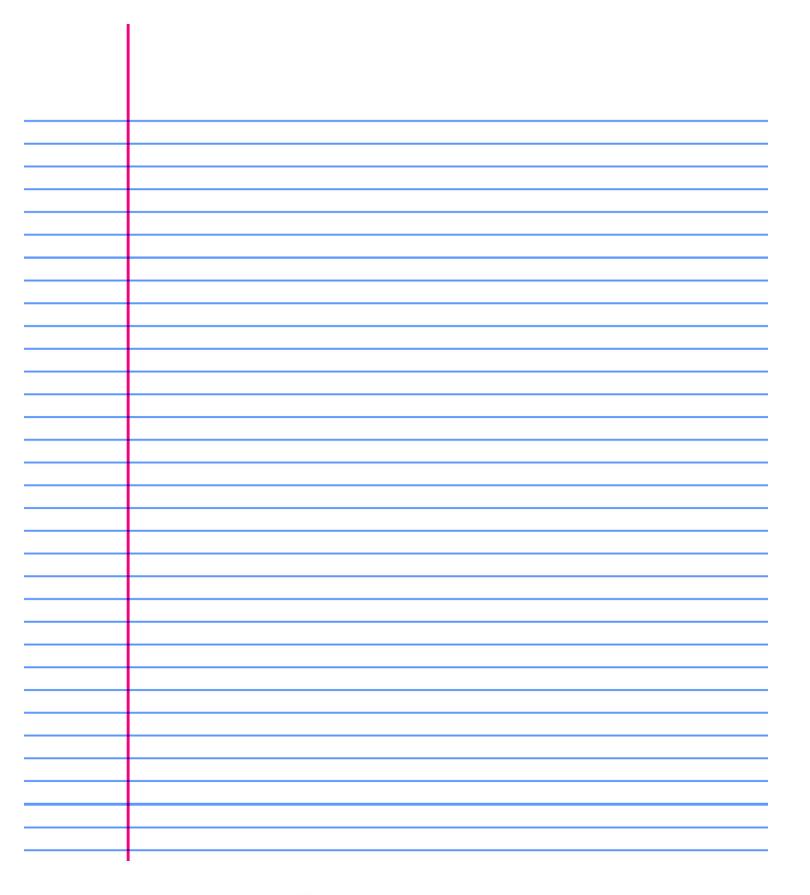


Benefissial Molecules.

Fenchyl alcohol, also known as fenchol, is a naturally occurring monoterpenoid found in a number of plants including basil, nutmeg, and eucalyptus leaves. It is biosynthesized from geranyl pyrophosphate via isomerization to linally pyrophosphate. Fenchol is a fragrance ingredient used in cosmetics, fine fragrances, shampoos, toilet soaps, household cleaners, and detergents. Studies have shown that it may help to protect the brain against Alzheimer's disease pathology.

#FoundinsomeHerbsandSpices #BathroomFoundMolecule #StinkGood #PotentialA-lzheimerstreatment #sigmaaldrich #chemistry #chemicals #moleculeoftheday #science #laboratory #aldrich #w248099

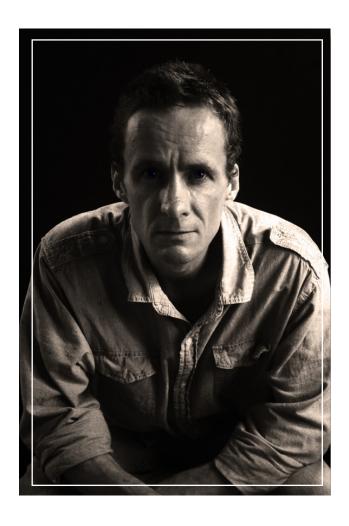












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